

mana kitchen

EXAMPLE OF DAILY MENU

We have set meal times and all meals a buffet selection. We cater to Gluten Free, Dairy Free and Vegan as required. This is an example of our menu and will vary during your stay.

Breakfast

Home-baked Bread with local preserves, spreads and boiled eggs. Oat Porridge with stewed or fresh locally grown fruit or home-made muesli with nuts, seeds and dried fruits served with yoghurt

Lunch

Tofu Curry or Frittata with kumara and caramelised onions with Foraged fresh green salad

Dinner

Thai inspired pumpkin soup with home-baked bread and garden greens. Accompanied by Tropical Chia Pudding or Raw Slices.

