



A joyful reconnection with your eternal nature

Soul Revival

October 20-23, 2023

Mana Retreat Centre, Coromandel, New Zealand

Weaving together ancient and modern practices to reactivate, illuminate and celebrate your soul, this retreat for women supports gentle soul work in a nurturing space, guided by a skilled teacher who brings wisdom on the wings of joy. You will experience yoga shakti practices, solitude, connection and reawakening.

\$330

(accommodation paid separately)

For further details, bookings and a glimpse of the spectacular venue please visit:

www.manaretreat.com

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